

## **Lesson Plan**

**Objective:** To prepare students with learning disabilities for transition to postsecondary education.

### **Settings and materials**

Classroom setting with a transition counselor who also functions as a case manager.

### **Content taught**

#### Focus of Activities

- Understanding strengths and weaknesses
- Awareness of postsecondary requirements
- Exploring career options
- Selecting a college
- Using study strategies
- Using accommodations
- Developing self-advocacy skills
- Improving interpersonal skills

#### Process

##### *Junior Year*

- Identify needs
- Develop plan
- Implement objectives

##### *Senior Year*

- Revise plan
- Transfer to postsecondary counselor

##### *First Year Postsecondary*

- Revise plan
- Transfer and apply skills
- Transfer to onsite provider

### **Teaching procedure**

#### Service Model for Junior and Senior Years

- Bimonthly individual counseling
- Occasional group sessions
- Transition conference
- Consultation with parents, teachers, other team members

### Service Model Postsecondary

- Monthly individual counseling
- Support group
- Consultation with faculty

### **Method of evaluation**

Progress of the students is evaluated on the basis of data collected from case notes kept by the transition counselors, the pre- post- questionnaire and self-esteem scale, interviews conducted by the project evaluator with service providers at host schools, and student evaluations of the project.

**Lesson plan based on:** Aune, E. (1991). A transition model for postsecondary bound students with learning disabilities. Learning Disabilities and Research, 6, 177-187.